

MAGYAR ERŐEMELŐ SZÖVETSÉG  
Masters Fekvenyomó Magyar Bajnokság 2025 - férfiak, Bp. (Mo.), 29.03.2025

| Rnk           | Lifters                          | d.o.b. | Team       | BWT    | GL Coef | Lot                  | 1 Att. | 2 Att.           | 3 Att.           | Result | GL Pts | Pts |
|---------------|----------------------------------|--------|------------|--------|---------|----------------------|--------|------------------|------------------|--------|--------|-----|
| Masters 1     |                                  |        |            |        |         |                      |        |                  |                  |        |        |     |
| <b>-59kg</b>  |                                  |        |            |        |         |                      |        |                  |                  |        |        |     |
|               | 1 Szklenár Tamás                 | 1981   | Vitalitás  | 54,50  | 0.6308  | -10 65.0             |        | 75.0             | 85.0             | 85.0   | 53,62  | 12  |
| <b>-66kg</b>  |                                  |        |            |        |         |                      |        |                  |                  |        |        |     |
|               | 1 Lábás Krisztián                | 1979   | MozogjBátr | 65,20  | 0.5710  | -10 120.0            |        | 127.5            | <del>132.5</del> | 127.5  | 72,80  | 12  |
| <b>-74kg</b>  |                                  |        |            |        |         |                      |        |                  |                  |        |        |     |
|               | 1 Tóth László                    | 1980   | Marvel     | 73,60  | 0.5348  | -10 140.0            |        | 150.0            | 155.0            | 155.0  | 82,89  | 12  |
|               | 2 Mészáros Gábor                 | 1980   | HerkulesSE | 73,85  | 0.5339  | -10 115.0            |        | 117.5            | 120.0            | 120.0  | 64,07  | 9   |
| <b>-83kg</b>  |                                  |        |            |        |         |                      |        |                  |                  |        |        |     |
|               | 1 Gönczöl Mihály                 | 1985   | Bátor      | 81,80  | 0.5061  | -10 185.0            |        | 190.0            | 192.5            | 192.5  | 97,42  | 12  |
|               | 2 Mayer Zoltán                   | 1976   | Westfit    | 82,15  | 0.5050  | -10 137.5            |        | 145.0            | <del>147.5</del> | 145.0  | 73,22  | 9   |
|               | 3 Karacs Péter Elek              | 1977   | BarbellBun | 82,15  | 0.5050  | -10 140.0            |        | <del>147.5</del> | <del>147.5</del> | 140.0  | 70,70  | 8   |
|               | 4 Miklós Gábor                   | 1976   | Hagyma ZSE | 76,90  | 0.5226  | -10 <del>105.0</del> |        | 112.5            | 115.0            | 115.0  | 60,10  | 7   |
| <b>-93kg</b>  |                                  |        |            |        |         |                      |        |                  |                  |        |        |     |
|               | 1 Gájer Áron                     | 1985   | Vasdisznó  | 88,30  | 0.4868  | -10 145.0            |        | <del>152.5</del> | 152.5            | 152.5  | 74,24  | 12  |
|               | 2 Doleschall János               | 1983   | Powerbuild | 89,15  | 0.4845  | -10 115.0            |        | 120.0            | 125.0            | 125.0  | 60,56  | 9   |
| <b>-105kg</b> |                                  |        |            |        |         |                      |        |                  |                  |        |        |     |
|               | 1 Berke Lóránd                   | 1979   | Marvel     | 96,94  | 0.4650  | -10 155.0            |        | 165.0            | 172.5            | 172.5  | 80,21  | 12  |
|               | 2 Gál Péter                      | 1985   | SugóPower  | 101,56 | 0.4548  | -10 160.0            |        | 167.5            | <del>175.0</del> | 167.5  | 76,18  | 9   |
|               | 3 Horváth László                 | 1983   | Nememberek | 100,34 | 0.4574  | -10 115.0            |        | 120.0            | 125.0            | 125.0  | 57,17  | 8   |
|               | 4 Jancsó László                  | 1982   | Jászapáti  | 103,16 | 0.4515  | -10 107.5            |        | 112.5            | <del>117.5</del> | 112.5  | 50,79  | 7   |
| <b>-120kg</b> |                                  |        |            |        |         |                      |        |                  |                  |        |        |     |
|               | 1 Berényi Zoltán                 | 1983   | RKA Erőm.  | 116,35 | 0.4276  | -10 157.5            |        | 162.5            | 172.5            | 172.5  | 73,76  | 12  |
|               | 2 Pinke Zoltán                   | 1977   | BátmonAtl  | 118,25 | 0.4246  | -10 150.0            |        | 160.0            | 172.5            | 172.5  | 73,24  | 9   |
|               | 3 Lukács Krisztián               | 1976   | HajdúHerk  | 112,15 | 0.4346  | -10 140.0            |        | 145.0            | 150.0            | 150.0  | 65,19  | 8   |
| <b>120+kg</b> |                                  |        |            |        |         |                      |        |                  |                  |        |        |     |
|               | 1 Hosek István                   | 1979   | HajdúHerk  | 122,10 | 0.4188  | -10 150.0            |        | 160.0            | 162.5            | 162.5  | 68,06  | 12  |
| Team (points) |                                  |        |            |        |         |                      |        |                  |                  |        |        |     |
|               | 1 Marvel Team, Vésztő            | 24     | [12+12]    | 163.11 | GL Pts  |                      |        |                  |                  |        |        |     |
|               | 2 Hajdúszoboszlói Herkules Spegy | 20     | [12+8]     | 133.24 | GL Pts  |                      |        |                  |                  |        |        |     |
|               | 3 Bátor Fitt Erőemelő Klub       | 12     | [12]       | 97.42  | GL Pts  |                      |        |                  |                  |        |        |     |
|               | 4 Vasdisznó Erőemelő SE          | 12     | [12]       | 74.24  | GL Pts  |                      |        |                  |                  |        |        |     |
|               | 5 RKA Erőművek R.és E.SE         | 12     | [12]       | 73.76  | GL Pts  |                      |        |                  |                  |        |        |     |
|               | 6 Mozogj Bátran SE               | 12     | [12]       | 72.80  | GL Pts  |                      |        |                  |                  |        |        |     |
|               | 7 Vitalitás SE, Balassagyarmat   | 12     | [12]       | 53.62  | GL Pts  |                      |        |                  |                  |        |        |     |
|               | 8 Sugó Power SE                  | 9      | [9]        | 76.18  | GL Pts  |                      |        |                  |                  |        |        |     |
|               | 9 Bátmonostori Atlas SE.         | 9      | [9]        | 73.24  | GL Pts  |                      |        |                  |                  |        |        |     |
|               | 10 Westfit GYM SE                | 9      | [9]        | 73.22  | GL Pts  |                      |        |                  |                  |        |        |     |
|               | 11 Herkules Sportegyesület       | 9      | [9]        | 64.07  | GL Pts  |                      |        |                  |                  |        |        |     |
|               | 12 Powerbuilder SE               | 9      | [9]        | 60.56  | GL Pts  |                      |        |                  |                  |        |        |     |
|               | 13 Barbell Bunker SE             | 8      | [8]        | 70.70  | GL Pts  |                      |        |                  |                  |        |        |     |
|               | 14 Nememberek SE                 | 8      | [8]        | 57.17  | GL Pts  |                      |        |                  |                  |        |        |     |
|               | 15 HagymaGym ZSE                 | 7      | [7]        | 60.10  | GL Pts  |                      |        |                  |                  |        |        |     |
|               | 16 Jászapáti Városi Sportegy.    | 7      | [7]        | 50.79  | GL Pts  |                      |        |                  |                  |        |        |     |

Best Lifters of Masters 1 by IPF GL Formula

| Rnk | Lifter         | Team                     | Bwt   | Result | GL Points | C.Rnk |
|-----|----------------|--------------------------|-------|--------|-----------|-------|
| 1.  | Gönczöl Mihály | Bátor Fitt Erőemelő Klub | 81,80 | 192.5  | 97.4243   | 1     |
| 2.  | Tóth László    | Marvel Team, Vésztő      | 73,60 | 155.0  | 82.8940   | 1     |
| 3.  | Berke Lóránd   | Marvel Team, Vésztő      | 96,94 | 172.5  | 80.2125   | 1     |

Masters 2

|               |                |      |            |        |        |     |       |       |       |       |       |    |
|---------------|----------------|------|------------|--------|--------|-----|-------|-------|-------|-------|-------|----|
| <b>-83kg</b>  |                |      |            |        |        |     |       |       |       |       |       |    |
| 1             | Rieger László  | 1969 | BelmeCegl  | 80,55  | 0.5101 | -10 | 125.0 | 132.5 | 138.0 | 138.0 | 70,39 | 12 |
| 2             | Rab István     | 1975 | BátmonAtl  | 81,10  | 0.5083 | -10 | 110.0 | 120.0 | 125.0 | 125.0 | 63,54 | 9  |
| <b>-93kg</b>  |                |      |            |        |        |     |       |       |       |       |       |    |
| 1             | Bársony Attila | 1966 | SugóPower  | 91,05  | 0.4794 | -10 | 150.0 | 155.0 | 162.5 | 162.5 | 77,90 | 12 |
| <b>-105kg</b> |                |      |            |        |        |     |       |       |       |       |       |    |
| 1             | Belme Péter    | 1975 | BelmeCegl  | 101,54 | 0.4548 | -10 | 175.0 | 175.0 | 185.5 | 175.0 | 79,59 | 12 |
| 2             | Sinka Gyula    | 1970 | MozogjBátr | 96,04  | 0.4671 | -10 | 140.0 | 150.0 | 155.0 | 150.0 | 70,06 | 9  |
| 3             | Marosi Attila  | 1972 | GodGymTeam | 98,98  | 0.4604 | -10 | 150.0 | 160.0 | 160.0 | 150.0 | 69,06 | 8  |
| 4             | Horváth Tamás  | 1975 | BátmonAtl  | 100,20 | 0.4577 | -10 | 127.5 | 135.0 | 140.0 | 140.0 | 64,08 | 7  |
| <b>-120kg</b> |                |      |            |        |        |     |       |       |       |       |       |    |
| 1             | Kovács László  | 1974 | TabiFK     | 117,20 | 0.4262 | -10 | 160.0 | 170.0 | 175.0 | 175.0 | 74,58 | 12 |
| 2             | Gubán Péter    | 1974 | BátmonAtl  | 118,25 | 0.4246 | -10 | 145.0 | 155.0 | 162.5 | 162.5 | 69,00 | 9  |
| 3             | Honti Attila   | 1970 | Vitalitás  | 107,95 | 0.4421 | -10 | 145.0 | 150.0 | 155.0 | 155.0 | 68,53 | 8  |
| 4             | Holló Tamás    | 1974 | BelmeCegl  | 110,65 | 0.4372 | -10 | 142.5 | 147.5 | 152.5 | 152.5 | 66,67 | 7  |
| <b>120+kg</b> |                |      |            |        |        |     |       |       |       |       |       |    |
| 1             | Cserna János   | 1968 | Marvel     | 128,45 | 0.4100 | -10 | 200.0 | 210.0 | 215.0 | 200.0 | 82,00 | 12 |
| 2             | Lukács Roland  | 1975 | Vasdisznó  | 133,40 | 0.4038 | -10 | 165.0 | 175.0 | 182.5 | 182.5 | 73,69 | 9  |

Team (points)

|   |                              |    |           |        |        |
|---|------------------------------|----|-----------|--------|--------|
| 1 | Belme Ceglédi Erőemelő SE    | 31 | [12+12+7] | 216.66 | GL Pts |
| 2 | Bátmonostori Atlas SE.       | 25 | [9+9+7]   | 196.61 | GL Pts |
| 3 | Marvel Team, Vésztő          | 12 | [12]      | 82.00  | GL Pts |
| 4 | Sugó Power SE                | 12 | [12]      | 77.90  | GL Pts |
| 5 | Tabi Fitness Klub SE         | 12 | [12]      | 74.58  | GL Pts |
| 6 | Vasdisznó Erőemelő SE        | 9  | [9]       | 73.69  | GL Pts |
| 7 | Mozogj Bátran SE             | 9  | [9]       | 70.07  | GL Pts |
| 8 | God Gym Team SE              | 8  | [8]       | 69.06  | GL Pts |
| 9 | Vitalitás SE, Balassagyarmat | 8  | [8]       | 68.53  | GL Pts |

Best Lifters of Masters 2 by IPF GL Formula

| Rnk | Lifter         | Team                      | Bwt    | Result | GL Points | C.Rnk |
|-----|----------------|---------------------------|--------|--------|-----------|-------|
| 1.  | Cserna János   | Marvel Team, Vésztő       | 128,45 | 200.0  | 82.0000   | 1     |
| 2.  | Belme Péter    | Belme Ceglédi Erőemelő SE | 101,54 | 175.0  | 79.5900   | 1     |
| 3.  | Bársony Attila | Sugó Power SE             | 91,05  | 162.5  | 77.9025   | 1     |

Masters 3

|               |                |      |            |        |        |     |                  |       |                  |       |       |    |
|---------------|----------------|------|------------|--------|--------|-----|------------------|-------|------------------|-------|-------|----|
| <b>-83kg</b>  |                |      |            |        |        |     |                  |       |                  |       |       |    |
| 1             | Nagy Zoltán    | 1965 | TabiFK     | 80,80  | 0.5093 | -10 | <del>110.0</del> | 110.0 | X                | 110.0 | 56,02 | 12 |
| 2             | Pluhár János   | 1960 | BcsSúlySza | 82,55  | 0.5037 | -10 | 85.0             | 90.0  | 95.0             | 95.0  | 47,85 | 9  |
| <b>-93kg</b>  |                |      |            |        |        |     |                  |       |                  |       |       |    |
| 1             | Fazekas István | 1960 | MozogjBátr | 90,00  | 0.4822 | -10 | 130.0            | 137.5 | 140.0            | 140.0 | 67,51 | 12 |
| <b>-105kg</b> |                |      |            |        |        |     |                  |       |                  |       |       |    |
| 1             | Radnóti Gábor  | 1962 | BelmeCegl  | 102,38 | 0.4531 | -10 | 135.0            | 142.5 | <del>145.5</del> | 142.5 | 64,57 | 12 |
| <b>-120kg</b> |                |      |            |        |        |     |                  |       |                  |       |       |    |
| 1             | Aradi Ferenc   | 1960 | Mérk SE    | 105,30 | 0.4472 | -10 | 85.0             | 90.0  | <del>95.0</del>  | 90.0  | 40,25 | 12 |
| <b>120+kg</b> |                |      |            |        |        |     |                  |       |                  |       |       |    |
| 1             | Bodnár István  | 1965 | Toldi SE   | 163,86 | 0.3745 | -10 | 160.0            | 170.0 | 175.0            | 175.0 | 65,54 | 12 |

Team (points)

|   |                                      |    |      |       |        |
|---|--------------------------------------|----|------|-------|--------|
| 1 | Mozogj Bátran SE                     | 12 | [12] | 67.51 | GL Pts |
| 2 | Orosházi Toldi SE                    | 12 | [12] | 65.54 | GL Pts |
| 3 | Belme Ceglédi Erőemelő SE            | 12 | [12] | 64.57 | GL Pts |
| 4 | Tabi Fitness Klub SE                 | 12 | [12] | 56.02 | GL Pts |
| 5 | Mérk-Kinizsi SE                      | 12 | [12] | 40.25 | GL Pts |
| 6 | Békéscsabai Súlyemelő és Szabadi.Eg. | 9  | [9]  | 47.85 | GL Pts |

Best Lifters of Masters 3 by IPF GL Formula

| Rnk | Lifter         | Team                      | Bwt    | Result | GL Points | C.Rnk |
|-----|----------------|---------------------------|--------|--------|-----------|-------|
| 1.  | Fazekas István | Mozogj Bátran SE          | 90,00  | 140.0  | 67.5080   | 1     |
| 2.  | Bodnár István  | Orosházi Toldi SE         | 163,86 | 175.0  | 65.5375   | 1     |
| 3.  | Radnóti Gábor  | Belme Ceglédi Erőemelő SE | 102,38 | 142.5  | 64.5668   | 1     |

Masters 4

|               |               |      |           |        |        |     |      |                  |       |       |       |    |
|---------------|---------------|------|-----------|--------|--------|-----|------|------------------|-------|-------|-------|----|
| <b>-93kg</b>  |               |      |           |        |        |     |      |                  |       |       |       |    |
| 1             | Lombosi János | 1952 | RKA Eröm. | 90,60  | 0.4806 | -10 | 75.0 | 86.0             | 87.5  | 87.5  | 42,05 | 12 |
| <b>-105kg</b> |               |      |           |        |        |     |      |                  |       |       |       |    |
| 1             | Szarka Antal  | 1955 | SugóPower | 98,34  | 0.4618 | -10 | 95.0 | <del>100.0</del> | 105.0 | 105.0 | 48,49 | 12 |
| 2             | Juhász Sándor | 1952 | ErőtérPow | 100,58 | 0.4569 | -10 | 75.0 | 77.5             | 80.0  | 80.0  | 36,55 | 9  |

Team (points)

|   |                            |    |      |       |        |
|---|----------------------------|----|------|-------|--------|
| 1 | Sugó Power SE              | 12 | [12] | 48.49 | GL Pts |
| 2 | RKA Erőművek R.és E.SE     | 12 | [12] | 42.05 | GL Pts |
| 3 | Erőtér Powerlifting Egyes. | 9  | [9]  | 36.55 | GL Pts |

Best Lifters of Masters 4 by IPF GL Formula

| Rnk | Lifter        | Team                       | Bwt    | Result | GL Points | C.Rnk |
|-----|---------------|----------------------------|--------|--------|-----------|-------|
| 1.  | Szarka Antal  | Sugó Power SE              | 98,34  | 105.0  | 48.4890   | 1     |
| 2.  | Lombosi János | RKA Erőművek R.és E.SE     | 90,60  | 87.5   | 42.0525   | 1     |
| 3.  | Juhász Sándor | Erőtér Powerlifting Egyes. | 100,58 | 80.0   | 36.5520   | 2     |

Abbreviations:

nb - New pers. bestlifts; n - National Record; c - Continental Record; w - World Record; cp - Competition's Record;  
1..4 - Master's Record; j - Junior's Record; s - Subjunior's Record; ps. - Personally; X - the refused attempt.  
DSQ - Disqualification; DR - Removed by a Doctor; TD - Technical Disqualification; DD - Doping Disqualification.

|                                                    |                                            |                                          |
|----------------------------------------------------|--------------------------------------------|------------------------------------------|
| BarbellBun = Barbell Bunker SE                     | HajdúHerk = Hajdúszoboszlói Herkules Spegy | RKA Eröm. = RKA Erőművek R.és E.SE       |
| BcsSúlySza = Békéscsabai Súlyemelő és Szabadi.Egy. | HerkulesSE = Herkules Sportegyesület       | SugóPower = Sugó Power SE                |
| BelmeCegl = Belme Ceglédi Erőemelő SE              | Jászapáti = Jászapáti Városi Sportegy.     | TabiFK = Tabi Fitness Klub SE            |
| BátmonAtl = Bátmonostori Atlas SE.                 | Marvel = Marvel Team, Vésztő               | Toldi SE = Orosházi Toldi SE             |
| Bátor = Bátor Fitt Erőemelő Klub                   | MozogjBátr = Mozogj Bátran SE              | Vasdisznó = Vasdisznó Erőemelő SE        |
| ErőtérPow = Erőtér Powerlifting Egyes.             | Mérk SE = Mérk-Kinizsi SE                  | Vitalitás = Vitalitás SE, Balassagyarmat |
| GodGymTeam = God Gym Team SE                       | Nememberek = Nememberek SE                 | Westfit = Westfit GYM SE                 |
| Hagyma ZSE = HagymaGym ZSE                         | Powerbuild = Powerbuilder SE               |                                          |